



Survivor Care Kit Content List

How to put a Care Kit together:

1. Determine if you want to build a Family Care Kit, Family Care Kit with Baby, Individual Male Care Kit and/or Individual Female Care Kit. Go shopping!
2. Get a **plastic container** with a lid so we can easily stack them when we ship them.
3. Fill the container with listed items above. Place a 12" strip of gray duct tape on the top of your container to label (duct tape is preferred). Write with a Sharpie, Family Care Kit or Family with Baby Care Kit, Individual Male Care Kit, or Individual Female Care Kit.
4. Group Leader, please email info@uniteincrisis.org for information on opportunities to deliver your care kits to survivors.

*****We want to encourage you to add a note of encouragement to your kit for the family or individual. Children write wonderful notes!***

Care Kit Contents

- Towel (if family kit, purchase 4)
- Washcloth (if family kit, purchase 4)
- Soap
- Tissue Pack
- Toothbrush (If family kit, purchase 4)
- Toothpaste
- Deodorant (If family kit, purchase 4)
- Feminine Products (family or female version only)
- Shampoo
- Comb (if family kit, purchase 4)
- Blanket (if family kit, purchase 4)
- Pillow (as many as you can fit in if it is a family kit)
- Wipes

Women's Kit Add-ons

- Lotion
- Pack of feminine pads

Men's Kit Add-ons

- After Shave Lotion
- Diapers (with baby version only)
- Baby Food (with baby version only)

Kids' Kit Add-ons

- Kid wipes
- Forehead temperature strip
- Small toothbrush
- Coloring pack
- Activity book
- Baby Bottles/Formula (with baby version only)
- Diapers (with baby version only)
- Baby food (with baby version only)